



Dementia Day Centre Volunteer

Role Description

Purpose of the Role:

The Beacon Dementia Day Centre provides structured, person-centred support for people living with dementia in a safe, stimulating, and compassionate environment. The service promotes wellbeing, independence, social inclusion, and meaningful engagement through tailored activities and peer connection.

As a Dementia Day Centre Volunteer, you will support staff in delivering high-quality, person-centred activities that enhance cognitive stimulation, emotional wellbeing, and social interaction. You will help create an inclusive environment where dignity, choice, and individuality are upheld at all times.

You will contribute to a culture of respect, safeguarding, and compassionate support in line with best practice guidance, including the principles of the Mental Capacity Act, person-centred care frameworks, and dementia-inclusive practice.

Reporting to: Beacon Day Centre Manager

Location: Beacon Day Centre, Safearbour DA11 8AE

Hours: Between the hours of 09.45 & 15.15

Expenses: Out of pocket expenses reimbursed in line with policy

The Role Responsibilities

You will support the delivery of a high-quality day service that promotes connection, engagement, and wellbeing.

1. Person-Centred Engagement

- Support individuals to participate in structured and informal activities tailored to their abilities, interests, and preferences.
- Encourage meaningful occupation that promotes cognitive stimulation, creativity, reminiscence, and social interaction.
- Adapt communication style to meet individual needs, including responding sensitively to verbal and non-verbal cues.
- Promote autonomy, choice, and independence wherever possible.

2. Dignity, Respect and Inclusion



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- Uphold dignity and respect in all interactions.
- Support individuals in a manner that protects privacy and avoids embarrassment or disempowerment.
- Promote equality, diversity, and inclusion within the centre.
- Recognise and respond appropriately to behaviours that may arise as part of dementia progression, using calm and non-judgemental approaches.

3. Facilitating Social Connection

- Encourage peer interaction and positive group dynamics.
- Support individuals who may be withdrawn, anxious, or less confident to feel included.
- Help foster a warm, welcoming and community-focused environment.

4. Wellbeing and Safeguarding

- Remain observant to changes in mood, presentation, or wellbeing and report concerns promptly to staff.
- Work within safeguarding, health and safety, and risk management procedures.
- Understand and respect confidentiality in line with data protection standards.
- Support safe movement within the centre where appropriate and directed by staff.

5. Professional Conduct

- Attend required training, briefings, and supervision sessions.
- Work collaboratively with staff and other volunteers.
- Act as an ambassador for Alzheimer's & Dementia Support Services, upholding organisational values.
- Follow all relevant policies, procedures, and codes of conduct.

This role description outlines the key responsibilities but is not exhaustive. Duties may evolve in line with service needs and best practice guidance.

This role is subject to an Enhanced Disclosure and Barring Service (DBS) check.



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PERSON SPECIFICATION

	Essential	Desirable
Skills, Experience & Personal Qualities		
Experience supporting people in a group setting		X
Good communication and listening skills	X	
Able to work as part of a wider team	X	
Respectful, patient and non-judgemental	X	
Commitment to equality, diversity and inclusion	X	
Willingness to attend training and supervision	X	
Experience of volunteering or supporting people in a group setting		X
Knowledge of dementia and the challenges faced by those affected		X
Experience of working with older people		X
Confidence in facilitating small activities or games		X
Reliable and responsible	X	
Ability to respond sensitively to body language and behavioural cues	X	