



## Memory Café Volunteer

### Role Description

#### **Purpose of the Role:**

Our Memory Café's provide a welcoming and relaxed space for people living with dementia, along with their Carers, families, and friends, to come together for social connection, mutual support, and meaningful activity.

The café offers an opportunity to reduce isolation, build friendships, share experiences, and enjoy a range of informal activities in a safe and inclusive environment.

As a Memory Café Volunteer, you will play a vital role in creating a warm, friendly atmosphere where everyone feels valued, respected, and supported. Working alongside staff and other volunteers, you will help set up the session, welcome attendees, support activities and conversations, and ensure the café runs smoothly.

You will be part of a team that champions the rights of people affected by dementia to remain connected, active, and involved in their community.

**Reporting to:** Dementia Wellbeing Manager/Group Facilitator

**Location:** NET Community Hub, Walderslade ME5 0QX

**Hours:** 1<sup>st</sup> Monday of every month between 13.30 & 15.30

**Expenses:** Out of pocket expenses reimbursed in line with policy

#### **The Role Responsibilities**

You will be motivated by the opportunity to make a positive difference to the lives of people affected by dementia. You will contribute to a supportive and inclusive environment that encourages conversation, confidence, and connection.

1. Welcome attendees warmly, helping to create a relaxed, friendly, and inclusive café atmosphere.
2. Assist with the set-up and tidy-up of the café, including refreshments, seating, and activity materials.



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3. Support people living with dementia and their carers to take part in conversations and activities.
4. Offer companionship, empathy, and encouragement to attendees.
5. Promote independence and dignity, respecting individual abilities and preferences.
6. Encourage social interaction and help reduce isolation.
7. Support group activities, guest speakers, or themed sessions as required.
8. Work alongside staff to ensure the wellbeing and inclusion of all attendees.
9. Observe and report any concerns about an attendee's wellbeing to the Session Lead or Dementia Wellbeing Coordinator.
10. Follow Alzheimer's & Dementia Support Services policies and procedures, including safeguarding, confidentiality, and health and safety.
11. Attend volunteer briefings, training, and support sessions as required.

This role description is not exhaustive and may be amended to reflect the needs of the charity.

**This role is subject to an Enhanced Disclosure and Barring Service (DBS) check.**



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### PERSON SPECIFICATION

	Essential	Desirable
<b>Skills</b>		
Friendly, approachable and reliable	X	
Good communication and listening skills	X	
Able to work as part of a wider team	X	
Respectful, patient and non-judgemental	X	
Commitment to equality, diversity and inclusion	X	
Willingness to attend training and supervision	X	
Experience of volunteering or supporting people in a group setting		X
Knowledge of dementia and the challenges faced by those affected		X
Experience of working with older people		X
Confidence in facilitating small activities or games		X