



PEER GROUP VOLUNTEER - MEDWAY

Role Description

Purpose of the Role:

The Dementia Peer Support Group provides a safe, respectful, and empowering space for people living with dementia to come together, share experiences, build confidence, and offer mutual support.

Unlike mixed groups that include carers, this group is designed solely for people living with dementia. It creates an opportunity for open conversation, shared understanding, and peer connection in an environment that promotes independence, dignity, and voice.

As a Volunteer, you will support the facilitation of the group by helping to create a calm, inclusive, and encouraging atmosphere. You will assist participants to engage in discussion and activities, while being sensitive to communication differences, confidence levels, and individual needs.

You will be part of a team that recognises and upholds the rights of people living with dementia to be heard, respected, and actively involved in decisions and conversations about their lives.

Reporting to: Dementia Wellbeing Manager/Group Facilitator

Location: Lordswood Leisure Centre, ME5 8YE

Hours: 1st and 3rd Friday of every month between 13.30 & 15.30

Expenses: Out of pocket expenses reimbursed in line with policy

The Role Responsibilities

You will be motivated by the opportunity to support people living with dementia to connect with peers and feel valued and understood.

1. Welcome attendees warmly and help create a safe, inclusive, and supportive environment.
2. Support group discussions, ensuring everyone has the opportunity to contribute in ways that suit their communication style and confidence level.



PEER GROUP VOLUNTEER - MEDWAY

3. Demonstrate patience and adaptability when supporting individuals who may experience memory difficulties, word-finding challenges, or changes in concentration.
4. Be attentive and responsive to verbal and non-verbal communication, including signs of anxiety, fatigue, or frustration.
5. Offer reassurance and encouragement while promoting independence and self-expression.
6. Assist with structured activities, themed discussions, or guest sessions as directed by the Group Facilitator.
7. Help maintain a respectful and non-judgemental atmosphere where lived experience is valued.
8. Observe and report any concerns about wellbeing to the Group Facilitator or Dementia Wellbeing Coordinator.
9. Assist with setting up and tidying away materials and refreshments as required.
10. Follow Alzheimer's & Dementia Support Services policies and procedures, including safeguarding, confidentiality, and health and safety.
11. Attend volunteer training, briefings, and support sessions as required.

This role description is not exhaustive and may be amended to reflect the needs of the charity.

is role is subject to an Enhanced disclosure and Barring Service (DBS) check

PERSON SPECIFICATION

	Essential	Desirable
Skills		
Friendly, approachable and reliable	X	
Good communication and listening skills	X	
Able to work as part of a wider team	X	
Respectful, patient and non-judgemental	X	
Enthusiastic and encouraging	X	
Commitment to equality, diversity and inclusion	X	
Willingness to attend training and supervision	X	
Knowledge of dementia and the challenges faced by those affected		X
Experience of working with older people		X
Confidence in facilitating a small group		X