



## Creative Arts Volunteer

### Role Description

#### **Purpose of the Role:**

Creative Arts Sessions provide an opportunity for people living with dementia, along with their carers, families, and friends, to come together in a relaxed, welcoming, and inspiring environment. These sessions offer a chance to explore creativity, express individuality, build confidence, and enjoy shared experiences through art-based activities.

As a Creative Arts Volunteer, you will play an important role in creating a warm, safe, and inclusive space where participants feel encouraged and supported to engage in creative activities. Working alongside staff and other volunteers, you will help set up materials, welcome attendees, support artistic activities, and encourage conversation and self-expression.

You will be part of a team that champions the rights of people affected by dementia to remain connected, creative, active, and involved in their community.

**Reporting to:** Dementia Wellbeing Manager/Volunteer Manager

**Location:** NET Community Hub, Walderslade ME5 0QX

**Hours:** 4<sup>th</sup> Monday of every month between 13.30 & 15.30

**Expenses:** Out of pocket expenses reimbursed in line with policy

#### **The Role Responsibilities**

You will be motivated by the opportunity to make a positive difference to the lives of people affected by dementia. You will contribute to a friendly, creative, and supportive environment that encourages participants to express themselves and build meaningful connections.

1. Welcome attendees warmly, helping to create a relaxed, friendly, and inclusive creative space.
2. Assist with the set-up and tidy-up of creative sessions, including preparing art materials, tools, and refreshments.
3. Support people living with dementia and their carers to take part in creative activities at their own pace.
4. Offer encouragement, reassurance, and gentle guidance during arts-based tasks.
5. Listen with empathy and respect, offering companionship and promoting positive engagement.
6. Work alongside staff and facilitators to ensure all participants feel included, valued, and supported.



## Creative Arts Volunteer

7. Promote independence and dignity, encouraging individuals to explore their creativity and share their experiences.
8. Assist with group activities, demonstrations, or themed creative sessions, ensuring they are enjoyable and accessible for all.
9. Observe and report any concerns about participants' wellbeing to the Session Lead or Dementia Wellbeing Coordinator.
10. Follow Alzheimer's & Dementia Support Services policies and procedures, including safeguarding, confidentiality, and health and safety.
11. Attend volunteer briefings, training, and support sessions as required.

This role description is not exhaustive and may be amended to reflect the needs of the charity.

**This role is subject to an Enhanced Disclosure and Barring Service (DBS) check.**



## Creative Arts Volunteer

### PERSON SPECIFICATION

	Essential	Desirable
<b>Skills</b>		
Friendly, approachable and reliable	X	
Good communication and listening skills	X	
Able to work as part of a wider team	X	
Respectful, patient and non-judgemental	X	
Commitment to equality, diversity and inclusion	X	
Willingness to attend training and supervision	X	
Experience of volunteering or supporting people in a group setting		X
Knowledge of dementia and the challenges faced by those affected		X
Experience of working with older people		X
Confidence in facilitating small activities or games		X