



## Singing Back the Memories Volunteer - Rainham

### Role Description

#### **Purpose of the Role:**

“Singing Back the Memories” sessions provide a wonderful opportunity for people living with dementia, and those who support them, to share the joy of music in a safe, supportive, and welcoming environment. Singing and music can stimulate memory, lift mood, and bring people together in a unique way.

As a Singing Back the Memories Volunteer, you will play a vital role in creating a positive and inclusive atmosphere where participants feel relaxed, valued, and confident to take part. Working alongside staff and other volunteers, you will help with the smooth running of the sessions, welcome attendees, and encourage everyone to join in at a level that suits them. You will be part of a team that champions the power of music to promote connection, wellbeing, and happiness for people affected by dementia.

**Reporting to:** Dementia Wellbeing Manager/Volunteer Manager

**Location:** United Services Club, Rainham ME8 8AY

**Hours:** 4<sup>th</sup> Tuesday of every month between 13.30 & 15.30

**Expenses:** Out of pocket expenses reimbursed in line with policy

#### **The Role Responsibilities**

You will be motivated by the opportunity to make a meaningful difference through music and companionship. You will contribute to a safe, welcoming environment that celebrates people's strengths and encourages participation.

1. Welcome attendees warmly, helping to create a relaxed and friendly atmosphere.
2. Assist with setting up and clearing away chairs, equipment, and refreshments.
3. Encourage participants to join in singing and musical activities, supporting them to engage at their own pace and comfort level.
4. Join in with singing and actions to model participation and help build confidence.
5. Provide a listening ear and friendly conversation during the session.
6. Support carers, families, and friends to feel included and able to enjoy the sessions.



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7. Observe and report any concerns about attendees' wellbeing to the Dementia Wellbeing Coordinator.
8. Uphold safeguarding, confidentiality, and health and safety standards at all times.
9. Work as part of a supportive volunteer team, contributing ideas and feedback when appropriate.
10. Attend volunteer induction, role-specific training, and supervision as required.

This role description is not exhaustive and may be amended to reflect the needs of the charity.

**This role is subject to an Enhanced disclosure and Barring Service (DBS) check**

### PERSON SPECIFICATION

	Essential	Desirable
<b>Skills</b>		
Friendly, approachable and reliable	X	
Good communication and listening skills	X	
Able to work as part of a wider team	X	
Respectful, patient and non-judgemental	X	
Enthusiastic and encouraging	X	
Commitment to equality, diversity and inclusion	X	
Willingness to attend training and supervision	X	
Experience of volunteering or supporting people in a group setting		X
Knowledge of dementia and the challenges faced by those affected		X
Experience of working with older people		X
Confidence in facilitating a small group		X
Confidence in singing and/or playing an instrument		X